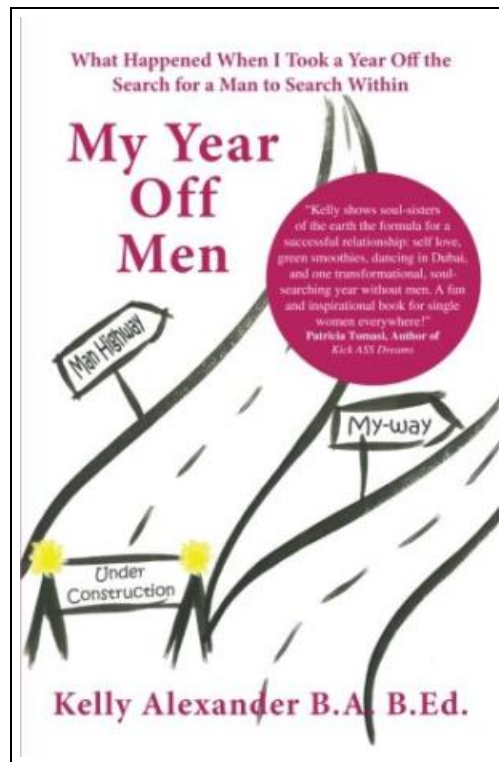


My Year Off Men: What Happened When I Took a Year Off the Search for a Man to Search Within



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Balboa Press, United States, 2013. Paperback. Book Condition: New. 214 x 138 mm. Language: English . Brand New Book ***** Print on Demand *****.In *My Year Off Men*, Kelly Alexander reveals what happened when she made a One Year resolution to take a year off the search for a man to search within. Her Eat Pray Love-type journey, mixed in with a smattering of He s Just Not That into You humor turned into a guide for her girlfriends who were having a terrible time in the dating scene. Taking a man-batical offers a woman a chance to focus on herself for the next year of her life without the distraction of wondering, What does he think? -because who cares; this year is all about you! Just as Kelly discovered during her year off from men, you too can learn to put yourself first, find out what you really want in a partner, and never again settle for less than you deserve. What are you waiting for? Start your year off men today! Kelly Alexander s book, *My Year Off Men*, speaks to women of any age seeking to discover who they really are. Kelly s Notes to Self and Reflections at the end of each chapter are insightful signposts for the reader on her path to self discovery. -Antoinette Asimus, coach, facilitator and senior teaching faculty, Tantra Heart, LLC *My Year Off Men* was a truly honest look at the pitfalls that women fall into to be in a relationship. I recommend this book for the person who has been searching for love outside of themselves. -Helen Everest, author of *Finding Home: the Journey Within*.



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