



## An Adult, Kids, Family Coloring Book: Meditative Bridgings

By Alexandra E Sarton

Alexandra Sarton, United States, 2014. Paperback. Book Condition: New. 219 x 212 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.THIS IS A PERFECT COLORING BOOK FOR ADULTS AND KIDS/CHILDREN ALIKE! GREAT FOR THE ENTIRE FAMILY! Helps with focus peace of mind mental clarity This coloring book of hand-drawn, detailed pictures, is perfect for relaxing and enhancing meditative states. Unlike the standard art form of mandalas, these intricate illustrations are comprised of a multitude of distinct shapes. While unified as entire pictures, each is built piece by piece. These pages represent the simultaneous individuality and interconnectedness of all things.



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