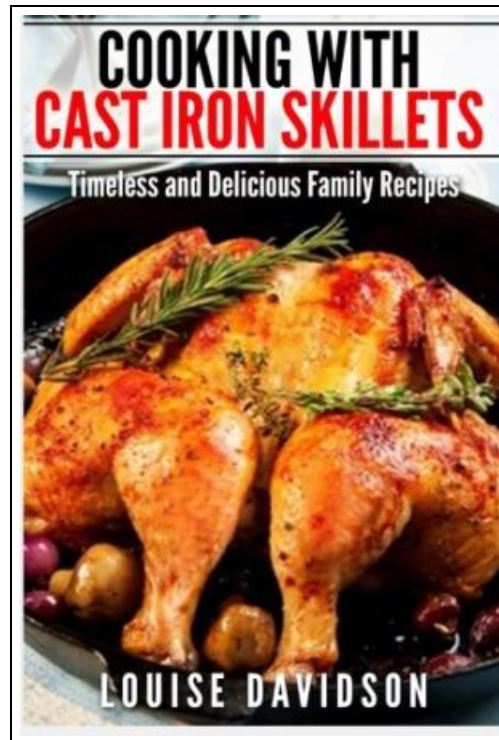


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COOKING WITH CAST IRON SKILLETS: TIMELESS AND DELICIOUS FAMILY RECIPES (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Cooking with cast iron skillets. a timeless and delicious family tradition Everything tastes better when it is cooked in a cast iron skillet! We all remember when our mothers or grandmothers used to make those memorable meals using those big, heavy, black skillets. We can still imagine and almost taste those perfectly spiced dishes. Well, cast iron cookware is still around! They are so durable that they are almost always passed down from one generation to the other, as are the recipes they used. This cookbook holds not only amazing timeless recipes, but also instructions on how to cook with your cast iron skillet. You can use it on the stove top, on the grill, and of course, in the oven. You can even bring it along for your next camping trip and make some delicious corn bread, breakfast skillets, hamburgers, and so much more! Cast iron skillets are the most versatile pans in your kitchen. You can cook any food you can think of in it. And it will taste like nothing else, a real taste of home-cooked meal Inside this book, you ll find: Timeless use of cast iron cooking How to season a new cast iron skillet The health benefits of using cast iron cookware The maintenance of cast iron skillets The versatility of using cast iron skillets and cooking techniques You ll also find unique recipes to cook with your cask iron skillets. They include: Mouth-watering breakfast recipes like the Farm House Breakfast Irresistible poultry dishes like the Turkey Pot Pie Delicious beef entrees like the Classic Cast Iron Beef Roast Easy and delectable pork recipes like the Grilled Pork Quesadillas Memorable seafood and fish like...



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