



The Journey to Parenthood: Myths, Reality and What Really Matters

By Diana Lynn Barnes, Leigh G. Balber

Taylor & Francis Ltd. Paperback. Book Condition: new. BRAND NEW, The Journey to Parenthood: Myths, Reality and What Really Matters, Diana Lynn Barnes, Leigh G. Balber, This book contains a Foreword by Kathy Hirsh-Pasek and Roberta Michnick Golinkoff (authors of "Einstein Never Used Flash Cards: How Our Children Really Learn and Why They Need to Play More and Memorize less"). New and expectant parents need support and confidence. This book is designed to provide that. It assists in exploring and analyzing thoughts and feelings about childbirth and being a parent. This advice is not just for new mothers, but is great for couples and particularly useful for men in considering fatherhood and the role men play during pregnancy and after the birth. This book is about being realistic. It draws on the experiences of many parents from a wide range of backgrounds, to look at the different perceived expectations and cultural pressures imposed on new and expectant parents. It is full of helpful guidance to lead parents towards discovering the role that is right for them. It is highly recommended for health and social care professionals, therapists and counselors, for whom it provides a vital resource to help them in...



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