



A Face of Prozac: One Womans Journey Through Eating Disorders, Anxiety, and Really, Really Bad PMS.

By Jennifer A Carle

Tate Publishing Enterprises, United States, 2009. Paperback. Book Condition: New. 203 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****. The freshman fifteen launched a lifetime battle with mental wellness. For Jennifer A. Carle, weight gain in college was unacceptable. The pressure from her peers and parents led her to abuse laxatives as she became bulimic. Still riding the eating disorder rollercoaster after marriage and two children, she recognized the need for help and began taking Prozac. After getting better, she stopped taking Prozac and tried to continue life like anyone else. As her life began to spiral out of control once again, though, she ended up finding that Prozac would be the only thing that could save her from herself. Follow Jennifer as she begins to accept herself as a regular person despite living with eating disorders, anxiety, and PMDD in A Face of Prozac.



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