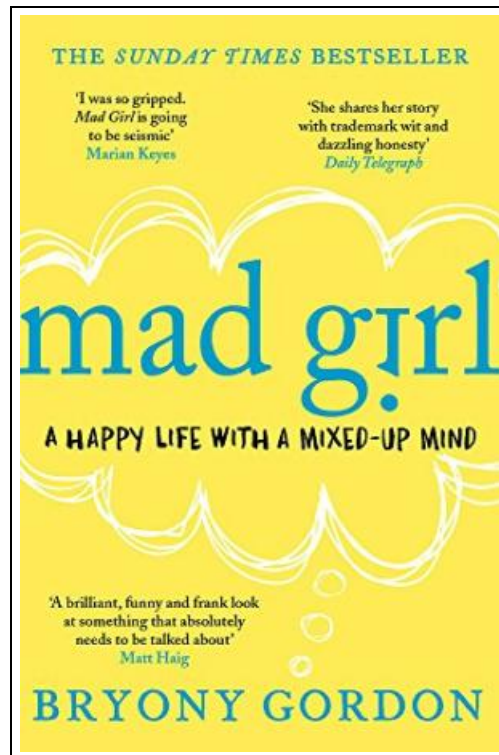


Mad Girl (Paperback)



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Reviews

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(Rafael Feeney Jr.)

MAD GIRL (PAPERBACK)



Headline Publishing Group, United Kingdom, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. THE NUMBER 1 SUNDAY TIMES BESTSELLER AND RICHARD JUDY BOOK CLUB 2017 PICKA new Sunday Times bestseller from Bryony Gordon, Telegraph columnist and author of the bestselling *The Wrong Knickers*. For readers who enjoyed Matt Haig's *Reasons to Stay Alive* and Ruby Wax's *Sane New World*, *Mad Girl* is a shocking, funny, unpredictable, heart-wrenching, raw and jaw-droppingly truthful celebration of life with mental illness. I loved it. A brilliant fast and funny and frank look at something that absolutely needs to be talked about in this way Matt HaigBryony Gordon has OCD.It s the snake in her brain that has told her ever since she was a teenager that her world is about to come crashing down: that her family might die if she doesn t repeat a phrase 5 times, or that she might have murdered someone and forgotten about it. It s caused alopecia, bulimia, and drug dependency. And Bryony is sick of it. Keeping silent about her illness has given it a cachet it simply does not deserve, so here she shares her story with trademark wit and dazzling honesty.A hugely successful columnist for the Telegraph, a bestselling author, and a happily married mother of an adorable daughter, Bryony has managed to laugh and live well while simultaneously grappling with her illness. Now it s time for her to speak out. Writing with her characteristic warmth and dark humour, Bryony explores her relationship with her OCD and depression as only she can.Mad Girl is a shocking, funny, unpredictable, heart-wrenching, raw and jaw-droppingly truthful celebration of life with mental illness.



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