



Stop Struggling with Your Teen: A Complete, Easy-To-Use Guide to Reboot Your Relationship with Your Teen (Paperback)

By Evonne C Weinhaus, Karen Friedman

Evonne Weinhaus, 2017. Paperback. Condition: New. Language: English . Brand New Book. Parenting teens is tough and can be downright scary. Times have drastically changed since Stop Struggling With Your Teen was originally published, and problems with our teens are much more complex, complicated and beyond our control. In this timely updated version, Evonne and Karen tackle the tough issues which come with living in this digital world--inappropriate web sites, easy access to social media and constant texting. With the best of intentions, parents yo-yo back and forth--they become the angry, worried protector or the rigid disciplinarian and then out of sheer exhaustion, they give in to their teen. It often feels thankless--and most importantly, doesn't work. Develop a systematic parenting action plan based on the belief that parents and teens have equal rights--each of them is responsible for making decisions about their own lives. Discover how to strike that delicate balance between setting limits and encouraging independence by - Changing Your Attitude - Letting Go With Love - Taking a Stand.

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